

The Olive Branch

Reaching out to everyone

April 2019
Issue 4/2019

Our Greenbelt Walk

Keep walking
with Joy ORV

by Jim Taylor

The final stairs have been built and the final garden set out, and our greenbelt walk is almost set to go.

Congratulations to the Infrastructure Committee for the splendid construction work on the lowering of the dam walls and building of the beautiful stairs joining the different levels.

Hats off to Kobus Booyens who managed and controlled the whole process throughout. Kobus, thank you - you are a star and without your dedication and expertise, this undertaking would not have been accomplished with such excellence. Our thanks also to the contractor Henk Rossouw and his site manager Maloes for their continued 100% co-operation.

The basic engineering involved cutting approximately a metre off the top of each dam wall and throwing the soil inside the dam wall to widen it on top to about 2 metres. This would establish a safe walkway along the perimeter of the village.

The Garden Committee was asked to re-establish the inside walls of the dams. After much discussion, it was decided that instead of just grassing them, we would try to create something worthwhile that

everyone could enjoy as they walked on the walls, and we started on the Dam gardens. Due to the lack of budget and limited funds, members donated shrubs and plants out of their own gardens. Villager friends also donated plants. What we needed other than these, we had to buy because the gardens had to be as good as possible and a large variety of indigenous plants was essential.

The present gardens are still evolving. The last dam will only be grassed inside due to shallow nature thereof and a garden has been built in the rock-face alongside.

What still remains to be done is for handrails to be fitted to each set of stairs, for a widening, and a loffelstein wall to be built near the blue gum tree, and lastly, for the instant lawn to be laid on top of the walls.

The Garden Committee urges all mobile villagers to stroll down to these beautiful gardens, enjoy the stunning views and absorb the "country life" feeling.



The rock garden alongside dam 4

Walk between Dams 1 and 2



Meet Zozo Sikiti



My first name is Nolubabalo, which means blessing, but everyone calls me Zozo. True to my name, I have been blessed with a beautiful daughter of my own, Lindokuhle.

again, this time Food and Beverage Management with Bidvest. I am very passionate in everything I do. I would describe myself as outgoing, gracious, confident, determined, self-disciplined and assertive, and have moral values that I live by. I am also patient, sincere and diplomatic when the situation demands it, as it sometimes does when one works in catering.

I was born in Soweto in 1990 as the last born in my family. I completed my Matric with Correctional Exemption in 2007 and joined the catering industry the next year with Fedics Tsebo Outsourcing. In 2009 I went back to studying and completed a Call Centre Course, and later Professional Receptionist and Personal Assistant courses at Damelin.

I am keen to prove myself with the company that is able to offer me scope for professional growth and to devote my efforts towards a meaningful and successful career. My motivation comes from the sense of achievement I derive from a job well done here at Olivedale as Floor Manager of the Dining Room team.

In 2013 I joined TSA Africa, also a catering company, and then moved here in October 2017, soon after Bidvest came to Olivedale. I am currently studying

Editorial

A quarter of 2019 has galloped past already. I must admit to not having noticed until I picked up my trusty keyboard to start writing this piece.

Did you notice that we had significantly more rain in January and February than we did in the first two months of last year - but that March has had significantly less in comparison to the same month in 2018. Strange how our weather works out sometimes. I've been keeping the daily rainfall figures in this area since the 1st January 1987 and it's been quite illuminating to see how the annual rain figures present themselves - there is a quite definite cycle of approximately 11 to 12 years in our annual highs and lows. The highest value I have recorded is 1132mm in the year 2000 and the lowest was 491mm in 2015. So as you can see - we really do have a weird and wonderful climate up here on the highveld.

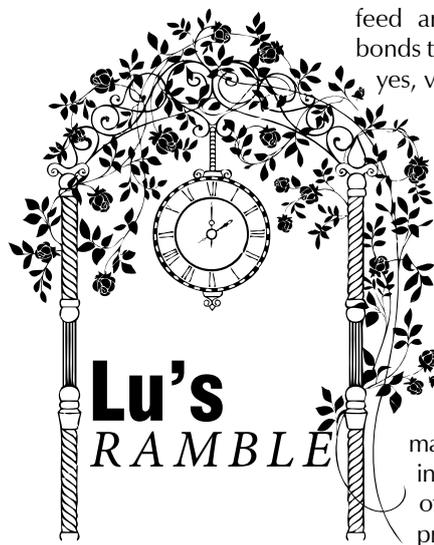
We have a report on "Coffee with the Directors" which covers a fair amount of detail from the meeting, and Jim's front page article updates us on the finalisation of the modifications to the attenuation dams - pop out for a walk and have a look at the changes - looking really good now and so much safer to stroll along the wider walkway.

Liz fills us in on the intricacies of calculating the Easter weekend for any year using the Book of Common Prayer and Ken informs us of an exciting new competition starting in the village.

Margaret lets us know of two separate fun events - the first being the Music Quiz evening and the second the St. Patrick's Day Bring 'n Braai.

Part 2 of our astronomical chat on the Sun and Solar System finds its way into this issue and Doreen gives us a few words on the recent visit by Neven Matthews and his enjoyment when visiting the Garden of Remembrance.

For a good belly-laugh, don't forget to take the Annual Senior Citizen's Test. 'til next time, Chris.



Lu's RAMBLE

Hello to all my Olive family.

It's hard to believe that the Easter holidays are here already. It seems as if Christmas was just a few weeks ago.

I think we are all reeling at the huge fuel increase that was implemented at the beginning of last month. Even those without vehicles are feeling the pinch. Diesel was hardest hit. Of course, all our produce and the like are transported by diesel trucks, so expect to see major food price increases. Ladies, with all this belt tightening, we are all going to end up with hourglass figures - something positive in any situation.

I think we can all count ourselves very fortunate at being at this stage of our lives. No young families to clothe,

feed and educate or huge bonds to meet every month - yes, very fortunate indeed.

Hasn't this load-shedding been horrendous?. I must say though - hats off to the reception staff who have diligently informed all residents as to when the black-outs are going to occur. Please make sure that during these forced times of darkness, all safety precautions are taken when you illuminate

your home. Solar lights and battery operated lamps are the best bet. Solar lights can be fully charged during the day and will be ready when required at night. Battery lamps give a wonderful light but do seem to run flat rather quickly. Please avoid the use of candles if at all possible. They are a fire hazard and can cause injury. A forgotten candle on a wooden surface, or one knocked over onto a carpet can literally end up burning the house down. The light they give off is minimal, so rather go the lamp route.

Have any of you able bodied folk taken a walk to view our newly reworked attenuation dams. The stairs are nearing completion and the 'nature' walk is yours to enjoy.

A word of caution though,

please use the actual walkway - a wide easily accessible area, and not walk along the small perilous path next to the picket fences. The areas there are very narrow with a steep plunge into the dams. The area is very unstable with grass hiding voids. I would urge everyone to make use of the newly developed walking surface and not cling onto picket fences, as you make your way gingerly along. Safety first people!

Enjoy these beautiful Autumn days and fluff out those Winter woolies in preparation for the colder weather to come. My late mom always used to say Autumn was champagne weather - cool and sparkling.

A warm hug to all who need it.

THANK YOU!

The Garden Committee would like to thank all those who supported our initiative to grow plants and to sell them to all the green-fingered residents in the village.

All proceeds will be used to buy compost and seedlings to beautify the common areas.

Due to the success of the sale, your Garden Committee hope to hold further sales in the future.

Spicy oats biscuits

Ingredients

2 cups flour
1½ tsp bicarbonate of soda
1 tsp mixed spice
½ tsp ground ginger
¾ cup sugar
½ tsp salt
2 cups oats
¾ cup butter or margarine
1 egg
2 Tbsp golden syrup
Almonds

1. Sift together the flour, bicarb and spices. Add the sugar, salt and oats and mix well.
2. Work in the butter with the fingertips.

3. Beat the egg with the syrup and add. Mix thoroughly to make a stiff dough.

4. Shape by hand into balls, the size of walnuts, and press them down lightly on a greased baking sheet Place half an almond on each biscuit.

5. Bake in a hot oven at 200°C (400°F) for 10 to 15 minutes.

N.B. This recipe will make about 7 dozen biscuits



Your Favourite Recipes Do you have a favourite recipe that you would like to share with the Village? Just drop us a line - we would love to hear from you.

Coffee with the Directors



Olivedale Homeowners Association 28 February 2019

On the 28th of February, a fairly large crowd of ORV villagers met in the auditorium for "Coffee with the Directors".

There was a fair amount of anticipation and many whispered conversations were carried on in the run up to the start of the meeting.



The entire board was present for the session.

Our chairman Adam opened the proceedings using a screened presentation and started by giving us a breakdown of the various portfolios and their associated directors. He holds the Administration and Compliance portfolios.

We were introduced to our newest director Neal Westgate who has taken over the Infrastructure portfolio from Linde McLaren who retains Communication and Aesthetics.

The other directors and their portfolios are Estelle Visser (Wellbeing, Health, Frail Care), Hendrik van Niekerk (Finance, Gardens) and Andre Jelliman (Security, Erf 1250 & Erf 1248).

Adam passed on various items of interest to the residents, amongst others the new MOI

and Rules, the Mission Statement of the Board, their values and their Long Term Goals. He also gave us updates on the Erf 1250 situation and the current status of the re-establishment of the attenuation dams on the North-Eastern and Eastern boundaries. (See the front page article).

Vumatel still has some tidying-up to do and the Apartment signage is almost completed. A pressure reducing valve has been installed to bring the



pressure of the water entering ORV to a more reasonable 5 Bar.

This should prevent further water leaks from occurring along the buried pipes throughout the village.

The 10 Year maintenance plan which kicks in during March this year was discussed and we were advised of the first project which is to paint where needed, to fix walls with damp and cracks and to seal flat roof surfaces.

Our Corporate Identity is to be modified in order to reduce printing costs and we were shown examples thereof.

Items relating to Communication were covered and we were reminded of the need to read the Circulars which convey important information.

The Notice Boards have been re-organised. Also mentioned was the Suggestion box at reception.

The Frail Care garden and sprinkler system has been completed and planting is ongoing - we still need further donations of indigenous plants.

We have a new Village Sister, Sister Felicity Wilson. Please remember to ensure that spare keys to enter all units need to be handed in at Frail Care and if you lock your bedroom door at night, make sure you also

leave a spare key at Frail Care and do NOT leave a key in the lock of your bedroom when it is locked.

Feedback is generally positive regarding meals prepared by our caterers and we were advised that the Board has approved a price increase for meals for visitors who come in on Saturdays and Sundays.

The safety of Residents was discussed and an updated "Guide to Village Living" is available at the reception desk.

We were appraised of the current situation as regards the electricity account with the City of Johannesburg.

Several questions were then answered and the meeting was adjourned and moved into the dining area for coffee with the directors.
Chris.



Crossword Puzzle Competition

by Ken Matthis

An exciting new competition at ORV

A competition which can involve all of those who are entertained and challenged by crossword puzzles is now being launched by the entertainment committee.

You will be challenged to create your own crossword puzzle and then have a get together to compete and see who finishes it first. This is how it is done:

- 1 A blank crossword puzzle matrix will be provided at reception
- 2 Any interested person takes a form and fills in all the words so they fit (this is quite difficult but certainly not impossible).
- 3 Now you create your own clues to the words. It is suggested that the clues are neither too simple nor too cryptic.
- 4 Now the compiler will read out his or her clues to an interested audience in the dining room on an agreed night.
- 5 There will be prizes for the first correct entry

Dates and times will be given in the usual channels of information. For further information contact the reception ladies.

April in History

April 2, 1982 - The beginning of the Falkland Islands War as troops from Argentina invaded and occupied the British colo-



ny located near the tip of South America. The British retaliated and defeated the Argentines on June 15, 1982, after ten weeks of combat, with about 1,000 lives lost.



April 2, 1805 - Fairy tale author Hans Christian Andersen (1805-1875) was born in Odense, Denmark. He created

168 fairy tales for children including the classics The Princess and the Pea, The Snow Queen and The Nightingale.

April 4, 1968

- Civil Rights leader Rev. Dr. Martin Luther King was shot and killed by a sniper in Memphis, Tennessee. He was awarded the Nobel Peace Prize in 1964 and is best remembered for his I Have a Dream speech delivered at the 1963 Civil Rights March on Washington.



April 6, 1896 - After a break of 1500 years, the first Olympics of the modern era was held in Athens, Greece.



April 6, 1483 - Renaissance artist Raphael (1483-1520) was born in Urbino, Italy. He created some of the world's greatest masterpieces including 300 pictures with a Madonna theme. He died on his 37th birthday in Rome.



April 10, 1847 - Publisher Joseph Pulitzer (1847-1911) was

born in Budapest, Hungary. He came to America in 1864 and fought briefly in the Civil War for the Union.



He then began a remarkable career in journalism and publishing. His newspapers included the St. Louis Post-Dispatch and the New York World. He also endowed the journalism school at Columbia University and established a fund for the Pulitzer Prizes, awarded annually for excellence in journalism.



April 11, 1970 - Apollo 13 was launched from Cape Kennedy at 2:13 p.m EST. Fifty-six hours into the flight an oxygen tank exploded in the service module. Astronaut John L. Swigert saw a warning light that accompanied the bang and said, "Houston, we've had a problem here." Swigert, James A. Lovell and Fred W. Haise then transferred into the lunar module, using it as a "lifeboat" and began a perilous return trip to Earth, splashing down safely on April 17th.

April 12, 1945 - President Franklin D. Roosevelt died suddenly at Warm Springs, Georgia, after suffering a cerebral haemorrhage. He had been President since March 4, 1933, elected to four consecutive terms and had guided America out of the Great Depression and through World War II.



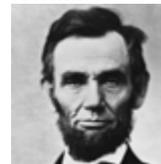
April 12, 1961 - Russian cosmonaut Yuri Gagarin became the first human in space. He travelled aboard the Soviet space-

craft Vostok 1 to an altitude of 187 miles (301 kilometres) above the earth and completed a single orbit in a flight lasting 108 minutes. The spectacular Russian success intensified the already ongoing Space Race between the Russians and Americans. Twenty-three days later, Alan Shepard became the first American in space. This was followed in 1962 by President Kennedy's open call to land an American on the moon before the decade's end.

April 12, 1981 - The first space shuttle flight occurred with the launching of Columbia with astronauts John Young and Robert Crippen aboard. Columbia



spent 54 hours in space, making 36 orbits, then landed at Edwards Air Force Base in California.



April 14, 1865 - President Abraham Lincoln was shot and mortally wounded while

watching a performance of Our American Cousin at Ford's Theatre in Washington. He was taken to a nearby house and died the following morning at 7:22 a.m.

April 16, 1889

- Film comedian Charlie Chaplin (1889-1977) was born in London. He began his career in vaudeville and was discovered by American film producer Mack Sennett. He then went to Hollywood to make silent movies, developing the funny 'Little Tramp' film character. Chaplin's classics include The Kid, The Gold Rush, City Lights and Modern Times. In 1940, he made The Great Dictator poking fun at Adolf Hitler, who



bore a resemblance to Chaplin.

April 23rd - Established by Israel's Knesset as Holocaust Day in remembrance of the estimated six million Jews killed by Nazis.

April 26, 1994 - Multiracial elections were held for the first time in the history of South Africa. With approximately 18 million blacks voting, Nelson Mandela was elected president and F.W. de Klerk vice president.

Audiology Update

Audiologist, Sashni Munisunker, gave an excellent presentation to ORV residents on 11 March. She had pictures to explain the ear structure, how we hear and the various problems which inhibit our hearing.

As a follow-up Sashni has offered free initial hearing assessments for any resident who wishes it. Screenings will be taking place between 9 AM and 1 PM in the Frail Care Treatment Room on the following dates:

- Tuesday, 2nd April
- Thursday, 2nd May
- Monday, 3rd June

It is essential that bookings be made ahead of time. Booking can be made at ORV reception and be sure to pick up a voucher when you book.

ORV residents are also free to call Sashni and book an assessment appointment at her Fourways office (010 600 2657).

This is also free with a voucher which can be obtained at reception. Additional services from Sashni either here at ORV or at her office would be booked at medical aid rates.

Do you ever look up?



Let's carry on from where we left off in February.

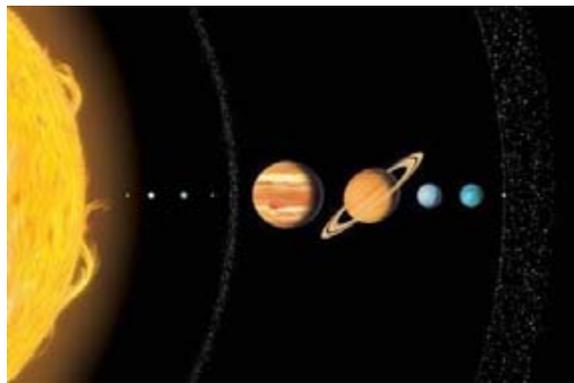
We've discussed the generally accepted theory of how our Sun and Solar System came into being, but there are some extra interesting bits and bobs concerning how the Solar System looks now as against how it looked when first created.

Once the Sun had accreted most of the material in what is now the Solar System, the disc-like mass of gas and other materials began to form eddies around which the planets formed. These are not exactly where they originally formed - Uranus and Neptune (the ice giants) are thought to have formed closer in towards Jupiter and Saturn (the gas giants) and subsequently migrated further out to their current positions due to gravimetric interactions with the latter two giants. These giant planets probably formed first during the initial formations after the Sun was created and only thereafter were the so-called terrestrial planets formed out of the remaining materials. Of course, just about all of the gas available had gone into the making of Jupiter and Saturn and most of the remaining

water/icy materials into the making of the two ice giants - so pretty much all that was left was the "rocky stuff" - that is to say - the silicate rocks and metals, and this is why the first four planets are often referred to as the "rocky planets".

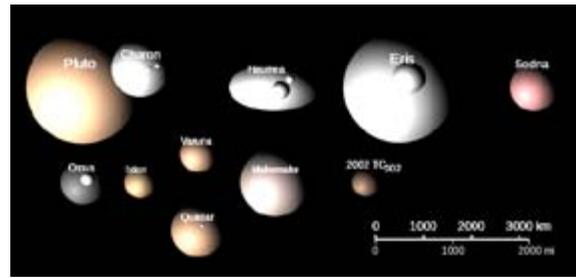
There is an orbital position between Jupiter and Mars that was once thought to contain a planet which was destroyed (it was even given a name - Phaeton) but current thinking is that Jupiter's influence actually prevented any planet forming there and instead we have the asteroid belt with thousands of planetesimals - the largest of which is Ceres with a diameter of 945 kilometres. Ceres was also given the status of "Dwarf Planet" at the time that Pluto was demoted to the same position. (I still think of Pluto as the ninth planet)!

So... our Solar system looks something like this:



The Sun, Mercury, Venus, Earth, Mars. Asteroids (including dwarf planet Ceres), Jupiter, Saturn, Uranus, Neptune.

Dwarf planets Pluto, Haumea, Makemake and Eris (and others since discovered).



Back to original discussion, sorry for all the side tours, but it's all just so fascinating!

We on Earth are the third planet from the Sun and the only one on which we are sure life exists - some even say "intelligent life" but looking around our world in general - I think that might still need to be proved!

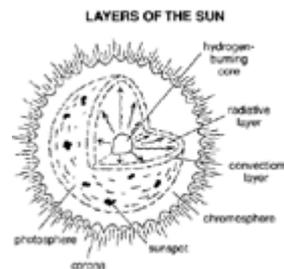
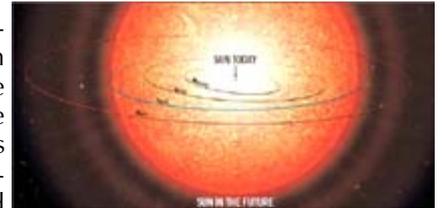
As I am writing this article from our (human) point of view let's see what else the Sun does for us. We have established that it gives us light and warmth - and that's good - we'd have difficulty surviving without it. It also provides the survival necessities for plant and animal life and this in turn provides us with food to eat.

The Sun is mostly responsible for the weather we experience on a daily basis which in turn is tied to the general climate of various areas on Earth. The energy the Earth receives from the

quite savage. Compare a quiet partly cloudy highveld day with a light breeze, and a cyclone in

Mozambique. The Sun is involved in the creation of both.

The Sun itself is still in its first phase of existence in that it is burning hydrogen and creating helium using a process called nuclear fusion. This happens



deep within the Sun's core and creates a lot of energy in the process. Light particles or photons carry this energy outwards to the upper layers of the Sun where eventually the energy is transferred to the Sun's surface or photosphere. As a matter of interest it can take 170,000 years for a photon to get from core to photosphere but once it clears the surface, it flies outwards at the speed of light to reach the Earth about 8 minutes later. Together with its myriads of companions, this is the light we see and the heat we feel. Barring any accidents along the way (like striking a planet or some other obstruction), that little photon will continue on its merry way forever.

So - what happens when the Sun runs out of hydrogen? Well, that's when it starts to fuse he-

lium into carbon mainly but also other elements such as beryllium which can then react to form lithium. This is also when we don't want to be around on the Earth any more as things get quite ugly and the Sun expands enormously into a red giant.

As we mentioned in the first part of this chat, red giants are pretty big. If we took Betelgeuse or Antares and dropped

them down where our Sun is, we would be INSIDE the sun. Now, those two are very large and our Sun's red giant phase is not likely to grow to that size - but the chances are that the only terrestrial planet that would not be engulfed, would be Mars and even that will be pretty unpleasantly hot. Also, the Earth may not be consumed, but would be totally uninhabitable due to the heat and other radiations.

After its red giant phase, the Sun will finally shrink down to what is called a white dwarf and continue burning until all of its fuel is exhausted. This will last a very long time - possibly as long as the age of the universe.

Do you know - a white dwarf is so compressed that it's calculated that a teaspoonful of its matter could weigh 5.5 tonnes.

I think that's enough for now. If you have any queries about the Sun, please send these to: olivebranch@olivedalerv.co.za and we can discuss them.

Keep looking up, Chris.

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| <p>ACROSS
1 Spy
6 Hound
12 Whiff
17 Belongs to us
21 Mother's brothers
23 Japanese poem
24 Ethics
26 Thirst quencher
27 Reiterate
28 Concur
29 Inability to recognize objects
30 Sign language
31 Charge
33 Natural view
34 Shade
35 Total
38 Chinese pan
40 Face part
43 Time zone
44 Quiet
45 Swollen
47 Radon (abbr.)
48 Common allergy causing plant
49 Relative
50 Over
51 Exceed (2 wds.)
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58 Type of band
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83 Platter
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133 Pauper (2 wds.)
136 European sea eagle
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140 Takes off shoes
141 Synthetic resin
145 Spring holiday
149 Escudo
150 Black insect
151 Fancy round mat
152 Depressing
153 Adolescent
154 Childrens sliding toys
155 Wealthy
156 Vertical lines on a graph
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2 Compass point</p> | <p>3 Halloween mo.
4 Roberto's yes
5 Throw
7 Expression of surprise
8 Adventure story
9 Mr.
10 Stretch to make do
11 Second day of wk.
12 Slapped
13 Not any
14 Smoothed
15 Reputations
16 Romance
18 Dweller of the Beehive State
19 Upshot
20 State capital
22 Cabbage salad
25 Voice
32 Star Trek Automoton's
33 Bound
35 Amount of light reflected from an object in space
36 Again (2 wds.)
37 Mona Lisa painter
39 Dials
40 Causes
41 Rube
42 Self-esteems
44 Prompt
45 Uncovers
46 Ball holder
49 Abdominal mus-</p> | <p>cles (abbr.)
52 Quarrel
53 Nominated candidates
54 Movie alien
55 Bug
57 Peacetime's antithesis
59 Center
60 Relating to the moon
61 Demise
62 __ Saxon
65 Less than two
66 Tiny mark
69 Closed
70 Looney Tunes' __ Sam
73 Things of the same age
74 Oldest
80 Revenge
81 Wary
82 Heavy rainfall
84 Tip
89 Guys' dates
90 Vane direction
91 Supersonic transport
92 Liquid drop measurer
93 Constricts
94 Perimeter
96 Muslim holy month
101 Number of lines</p> | <p>102 Shirk
103 Guiding principles
107 Greasy
110 Cut grass
111 Ouch!
112 Continent
114 Twitch
115 Honey abr.
116 Lowers
117 Poetic "evening"
118 Animal house
120 Thin
121 Detect
122 Fool's gold
125 Knock over
126 Sounds
127 Inn
130 Ill __
133 Saloon
134 Blend
135 GS
137 Not one
138 Removes the water
141 Admiral (abbr.)
142 Lavatory
143 Family
144 Tint
146 Ocean
147 Strain
148 Before, poetically

SOLUTION ON P11</p> |
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Library

NEWS



by Vanessa Lohmann

Olivevale Retirement Village has an enormous collection of excellent books, games, jigsaw puzzles, compact discs (music) and DVDs (movies), donated by the Residents, and available to all.

We have seven "libraries" at ORV, the main one situated next to Reception, where English fiction, biographies, autobiographies and non-fiction books are to be found. All the Afrikaans books have been moved to the bookshelf next to the ground floor post boxes and the lift in Amatola. Hopefully these will now be easier to find!

Three more bookshelves may be found in the Amatola lift lobbies on the Red level (Frail Care level), as well as the Blue and White levels above.

Entrance to these levels may also be reached via the Amatola block stairs. The last two shelves are found on the ground floors of Cederberg North (Yellow level) and Winterberg North (Black level). Games etc. may be found in the cupboards at the bottom of the shelves.

Books etc. may be borrowed at any time and are to be returned by placing them in the boxes next to the shelves for the Library Ladies to sort out and replace regularly. Please help us by doing this as it makes it much easier to keep things in order for everyone. Please do not remove our trolley – this is used to move books between the floors, not for shopping!

While we are always grateful for donations of good books, it would be appreciated if only

suitable books are given. We have found that recently there has been much dumping of books e.g. when residents leave, creating much work for all. Many of these books are old, illegible, damaged, and highly unsuitable. Also, for example computer manuals, books on subjects not relevant to retired persons, very old books, so yellowed that they are not readable, books with missing pages, etc. need to be sorted and taken for destruction.

We also have an enormous number of Reader's Digest Condensed books. Should anyone be interested in reading them, please let the Receptionists know and we will place them in an accessible place for your perusal.

We wish you many happy hours!

A WORD OF THANKS

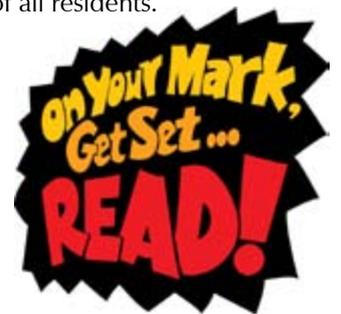
by Estelle Visser.

The Board and Residents of ORV hereby wish to thank Lionel Smith, for his hard work and dedication in our seven libraries, since the inception of our Village. At first, he was part of a team of volunteers, who wanted to organise donated books and made it available for reading and the enjoyment of any resident in ORV. For the last year or longer he did it by himself with the same dedication as when he started more than four years ago. In future he will be the liaison person between the Social Committee and the new library team.

The new voluntary Library Assistants, who will continue with this important task in future, are Jane-Ann Hausberger, Gladys King, Vanessa Lohmann and Jean Williams. As Director of the Social Committee, I want to wish these dedicated ladies all the best for the future. Further I wish to refer residents to "LIBRARY NEWS" articles, in this edition of the



Olive Branch and in future issues. Please be so kind to adhere to the requests from our volunteers working in the Library, to ensure that the system works for everybody using the libraries. If we as residents do not adhere to these requests it will not be possible to keep the system working to the benefit of all residents.



The new "Bookworms"

by Jane-Ann Hausberger

Firstly, a heartfelt thank you to Lionel Smith for his four years of dedicated work in the libraries here in Olivevale Retirement Village. (There are seven sets of bookshelves on the various floors throughout the centre.)

We now have the responsibility for many, many lovely novels which we hope you, the residents, will continue to enjoy reading. The ladies now responsible for the libraries are:

Jane-Ann Hausberger: An ex-teacher / accountant with a love of books / reading which began when very young and there were no such things as television. Reading is her favourite pastime - sometimes to the detriment of housework!

Gladys King: A willing assis-

tant in several aspects of the village. She is keen to keep the libraries in good order to be enjoyed by all. **Vanessa Lohmann:** Herself an avid reader and long standing member of book clubs, we welcome her knowledgeable assistance now

that she has recently retired.

Jean Williams: Jean has also been a book club member for many years, so is familiar with many different genres of reading. She is also a keen hiker, plays bowls and enjoys a good film.



Neven's Visit

by Doreen Dennehy

Neven Matthews arrived in SA on Thursday 14th March, for a 3 week visit. When he is here he meets with clients and spends time working at his steel plant in Witbank. He also travels around the country visiting family. We were very thrilled that he took the time to pay us a visit here, on Sunday 17th March. He was blown away at how the Garden of Remembrance has grown - when he walked into the Garden he just stood rooted to the entrance pathway and said "Wow!" He spent about half an hour in the



Garden, taking many pictures.

Thereafter it was great to have a chance to chat over a welcome cup of tea and eats, with Garden Committee members and spouses. We all enjoyed his visit and hope to see him again when he next visits SA.

Music Quiz evening

images by Margaret Cochrane
Towards the end of February the Social Committee hosted the ever popular music quiz. These evenings are always well supported but this particular event was very well attended.

The table called the "Famous Five" (above) had the most points and won the grand prize of a box of Smarties each. The table with the least points were rewarded with suckers.

People putting on their musical thinking caps.

This is a thoroughly enjoyable evening event and we urge all villagers to give it a try. Les Walker and her assistant Karen normally present a cracking quiz.

The next Music Quiz evening will be advertised timeously by your hard-working Social Committee.



Annual Senior Citizens Test

...only 4 questions

Submitted by William Diener

It's that time of year for us to take our annual senior citizen test. Exercise of the brain is as important as exercise of the muscles. As we grow older, it's important to keep mentally alert. If you don't use it, you lose it!

Below is a very private way to gauge how your memory compares to the last test. Some may think it is too easy, but the ones with memory problems may have difficulty.

Take the test presented here to determine if you're losing it or not.

Read the question in **bold letters**. Do NOT read further until you answered the question. OK, relax, clear your mind and begin.

1. What do you put in a toaster?

Answer: 'bread.' If you said 'toast' give up now and do something else ... Try not to hurt yourself. If you said, bread, go to Question 2.

2. Say 'silk' five times. Now spell 'silk.'

Quick question... What do cows drink?

Answer: Cows drink water. If you said 'milk,' don't attempt the next question. Your brain is over-stressed and may even overheat. Content yourself with reading more appropriate literature such as Auto World. However, if you said 'water,' proceed to question 3.

3. If a red house is made from red bricks and a blue house is made from blue bricks and a

pink house is made from pink bricks and a black house is made from black bricks, what is a green house made from?

Answer: Greenhouses are made from glass. If you said 'green bricks,' why are you still reading these??? If you said 'glass,' go on to Question 4.

4. Without using a calculator - You are driving a bus from London to Milford Haven in Wales.

- In London, 17 people get on the bus.
- In Reading, 6 people get off the bus and 9 people get on.
- In Swindon, 2 people get off and 4 get on.
- In Cardiff, 11 people get off and 16 people get on.
- In Swansea, 3 people get off and 5 people get on.
- In Carmarthen, 6 people get off and 3 get on.
- You then arrive at Milford Haven.

Without scrolling back to review, how old is the bus driver?

Answer : Oh, for crying out loud! Don't you remember your own age? It was YOU driving the bus!! (Go back and look!).

If you pass this along to your friends, pray they do better than you.

PS: 95% of people fail most of the questions!!

OK... Or just go have another glass of wine... Nothing will matter in a few hours...

And you will definitely NOT be driving the bus!!

The Background to Easter

by Elizabeth Sole

Easter is a most important time of the year for anyone who follows the Christian beliefs. We all look forward to the chocolate eggs and hot cross buns without really understanding the relevance of these festive treats.

Christmas is celebrated as the most important date by all catholic and protestant churches but sadly a more commercial aspect has taken hold of some of the traditions of the season and the reverence of the event is being lost.

The same can be said for the feast of Easter, when specific Easter foods are available almost year round in the shops. Easter will always be special in the life of the churches however, and is noted as three days of special significance; the Friday is accepted as the day on which Christ was betrayed by his dis-

ciples and crucified, the Sunday is the time when he was seen again walking in the garden of the tomb where the body was laid, arisen from the dead.

Christ's disciples were of Jewish faith and were celebrating their Passover at the same time, from the sunset on Thursday to sunset on Sunday, also marking three days.

Easter Sunday can be on any date between March 21 and April 24 according to the ancient explanation in the Book of Common Prayer, but elsewhere it appears that the dates can be one day earlier at the beginning and one day later at the back end.

As the Sunday is the day when the feast is recognised, it has to be after the equinox on 21st of March, and it is the Sunday which falls on or after the first Full Moon thereafter. If

the Full Moon appears just before the equinox, the next one will come round 28 days later which will give the extended date line up until April 24th.

There is a table in the Book of Common Prayer which shows how the date is worked out. A figure called the Golden Number indicates the date of the Paschal Full Moon, i.e. the first Full Moon after the equinox.

This Golden Number is obtained by the formula starting with the year for which the date of Easter is to be determined.

Using this year, and adding the fourth digit of that year and then dividing by another given number, the Golden Number is revealed.

Then the Table is consulted and gives the Sunday Letter, seven letters from A – G, which corresponds to the Golden Number.

Easter Sunday is the first Sunday after the date shown.

In this Table in the Prayer Book the date of Easter Sunday in any particular year can be determined.

The table consulted extends up to the year 2299 but doubt exists if it will be needed at that stage. This old-fashioned method is a bit complicated.

Now it is easier to have Google at hand which does everything and provides all the information required.

If anyone is curious about the calculation though, here it is! In this year of 2019, the festival of Easter is late, as the Full Moon occurred just a day or so before the equinox in March.

Therefore, we have to wait for the next Full Moon and celebrate Easter in April.

CHRIST CHAPEL MINISTRIES Christian Interdenominational Worship OLIVEDALE RETIREMENT VILLAGE

BELONG – BELIEVE – BEHAVE

Founder: Revd. Gwyn Slade
Cell: 072.027.7788
Assisting: Revd. Andrew Payne
Assistant: Revd. Errol van der Merwe
Email: tslade@mweb.co.za
www.sladeweddings.co.za
www.stjohndivineovc.co.za

Revd. Trevor Slade
Cell: 083.391.1215
Cell: 082.854.4489
Cell: 072.191.3502
Office in North Riding

Our Lord Jesus invites us to put our total faith in Him:

"If you believe, you will receive whatever you ask for in prayer"
(Matthew:21:22)

WEEKLY SERVICES

- **SUNDAY** Interdenominational Communion Service *every Sunday at 9.30am* in the Community Centre. Fellowship tea and coffee after the Service
- **MONDAY** Christian DVD, drinks and snacks 5pm – 7pm in the Community Centre and Restaurant
- **THURSDAY** Bible Study 10am – 11am in the meeting room.

ALL WELCOME – and do feel free to bring a friend with you – many Blessings

St Patrick's Day

Images by Margaret Cochrane

St Patrick's Day was celebrated this year at ORV with a Bring 'n Braai. Those attending had a wonderful time socialising and dancing with fellow revellers. See below a selection of images from the fun filled evening.



Smalls, Notices and Classifieds

Only available to residents of the Village

One-Liners - what you have, what you do and what you want for it. This is a free service for all our ORV family. Contact Reception for the Editor's attention.

Articles for Submission

Hand written submissions for inclusion into Olive Branch can be handed in at Reception for the Editor's attention.

Electronic submissions can be eMailed to: olivebranch@olivedalerv.co.za
Deadline is 22nd of each month.

Pet/house sitting

Excellent references. Contact Trish Blyth, Unit 448, ext 5116 in evenings or mobile no 0742391602

Compliments/Complaints/Suggestions

A reminder to all residents that cards are available to complete and place in the box at reception. ALL complaints will be escalated to the parties concerned. Problems cannot be attended to if they are not brought to the attention of those concerned. Please remember that it is just as important to register your compliments as well - they will most certainly be appreciated.

For Sale

Brand new filled 9Kg gas cylinder. Contact Elizabeth on 5428.

Advertising Costs

Here is a schedule of advertising costs for the Olive Branch - cost is per issue.

Full Page R800 19.5cm x 28cm
Half Page R400 19.5cm x 14cm
Quarter Page R200 9.75cm x 14cm
Strip R100 19.5cm x 30mm (across bottom of page).

The Half/Quarter page Ads can be rotated 90° if so desired.

Happy Birthday!

We would like to wish all our residents celebrating their birthdays in April, a wonderful day and an amazing year to follow. We wish you good health, comfort, contentment and the unending love and support of family and friends.

Remember - a Birthday Tea is organised by the Social and Entertainment Committee on the 3rd Monday of every month for those who are celebrating their birthdays during that month.

We salute all our April Babies. The Communications Team.

Village Diary

Monday 8 April. On Monday, 8 April 2019, the Health and Well Being Committee is sponsoring speaker Jill Wheeler from the organization Training for Change. Jill is a specialist in assisting seniors in discovering and using various IT options to enhance their lives: cell phones, computers, tablets, etc. As Jill puts it, she has a passion for developing the senior generation into digital citizens.

Jill will be speaking and showing us the variety of options available to us on Monday, 8 April at 3 PM in the Service Centre hall. R15 will admit you and give you coffee/tea. All invited.

Social Club Activities.

Monday 15 April. Birthday Tea Party for all April birthday babies at 3 p.m. in the Dining Room.

Goods & Services

Professional Embroidering

For personalised professional machine embroidered Monograms, Initials etc... please contact Heather Bilbrough on extension number 5415 or externally on 010-596-5415.

Delicious Home Bakes

From mouth-watering eclairs and cupcakes, to exquisite cakes and anything in between. Tell me what you want, and I can bake it. Hettie Jordaan, Unit: 535 Tel: 5333

For Sale

"Huggy-Bunny" seedbags R70 each. Heat in the microwave

and use to soothe any aches, pains, cramps and strains, or just to keep your toes warm in bed in winter. Several colours available. Contact x5428

Leather Craft

Beautiful genuine hand-crafted leather belts and other personal goods made to order. Repairs and resizing also available. Contact Eric Brown Unit 421 Tel 5233.

Photo Service

ID, Passport & Driver's Licence Contact number: 5363 or 0710908432. Price : R40 for 8 pictures at unit 555 Monica

SOLUTION:

S	N	O	O	P	B	A	S	S	E	T	S	N	I	F	F	O	U	R	S
U	N	C	L	E	S	H	A	I	K	U	M	O	R	A	L	S	T	E	A
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Disclaimer

The articles and ideas published in this newspaper are those of the authors and do not necessarily reflect the views of the Olive Branch Editorial Committee or the Olivedale Home Owners Association.



105 year old lady's advice to us all
"For better digestion I drink beer. In case of appetite loss I drink white wine. In case of low blood pressure I drink red wine. In case of high blood pressure I drink scotch. When I have a cold I drink Schnapps."
"When do you drink water?"
"I've never been that sick!"

Editorial Contacts

Editorial Committee

Editor

Chris Penberthy

Lu Penberthy

Di Main

Elizabeth Sole

Advertising

Nicole Mulder

Board Rep

Linde McLaren

Village Management Rep

Tertia Poole

OLIVEDALE RETIREMENT VILLAGE RANDBURG, JOHANNESBURG



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Rickie / Rentals

061 527 7625

Rickie@csirentals.co.za

Ruan@csisales.co.za

071 481 6199

Ruan / Sales

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(011) 805 6316 | www.csi-euf.co.za