



A SPARKLING WONDERLAND

By: Wetland Working Committee

A few weeks ago, with heavy dew on the grass and the sun at just the right angle, the whole grassland, literally sparkled. What remained of the grass seeds were covered with tiny dewdrops turning the grassland that was already beyond its best, back into something spectacular.

Dew does much more than getting you wet when walking through the grass. It actually plays an important part in keeping our grassland healthy. Cool air cannot hold as much moisture as warmer air and when the grass becomes cooler than the air, the moisture in the cool night air condenses on the grass, just like steam from the shower does on the mirror in your bathroom.

Dew is not enough to replace rain, but it does benefit plants in three ways:

Dew prevents transpiration until it has evaporated, keeping more moisture in the plant and making it more resilient.

On hot days the evaporating dew keeps the plant cool and reduces heat stress.

Some desert plants can absorb the dew, relying on it as their source of moisture.

Source: <https://www.neonscience.org/impact/observatory-blog/whats-all-dew-doing-maybe-more-you-think> [Accessed: 2025-05-26]



OLIVEDALE GOLD AWARD



Our garden maintenance company, D&S Maintenance Group, has received an award for excellence in Landscape and Turf management. The recognition is for the near perfect lawns, pavements and gardens that they maintain so well in our village. Congratulations and thank you for keeping ORV looking so good.



FROM THE MANAGERS DESK

Chris Heyneke

Road repairs – Olive Road and Lima Street.

The repair of the potholes in Olive Road is the initiative of the HOA of Sharonlea. Local residents have been contributing bags of asphalt to their access gate, and their HOA has provided a labourer, on Wednesdays and Thursdays, to fill the holes in their own roads and those in Olive Road. The chairman of the Sharonlea HOA has indicated that there will be contributions coming from those residents above President Fouche, so they intend to fill those very deep potholes all the way up to the corner before the school. Once again, they are dependent on donations from residents and can only progress if they have the bags of asphalt. ORV has donated 12 bags of asphalt to the cause with their commitment to also repair the potholes in Lima Street, but should there be any residents of ORV who would like to contribute, the cost per bag is R80 from a company called Robust in Muldersdrift. The cost of a

similar bag at Builders Warehouse is R160, so should you be willing to donate, please give your monetary donation to reception and we will purchase the bags of asphalt on your behalf.

Electricity Tariff Increase

Electricity tariff will increase by 11.32% from the 1st of July 2025

Administration

Residents must contact reception if they are no longer using a domestic worker or a private gardener, as we need to remove their access to the Village at the gate.

Residents are required to notify reception when relocating to another unit or moving out of the village, so we can update your file and other necessary systems.

If you are renting a carport or storeroom through reception, or if you have DSTV billed through the Olivedale account, you must complete a cancellation form. This form must be submitted to reception prior to your departure.

Payments at Reception

Reception does not accept cash, and residents cannot pay at reception with a meal card. The reception only accepts credit/debit cards as a form of payment.

No electricity can be purchased without a meter number. This can be done either with the Cash Power card, or the meter number can be written on a piece of paper; the alternative is to take a photo of the meter number and bring it to reception.

If you are planning to go away for a week or more, please complete a holiday form at reception. This is required for security purposes.

Safety

For your safety, please use the designated pedestrian gate when entering or exiting the premises.

Do not duck under or walk beneath the boom gates, as this poses a serious risk of injury and is unsafe. Some residents have injured themselves trying to go underneath.

EDITORIAL

Dear friends

Welcome to our July winter newsletter. It has been quite chilly, I don't recall it been this cold last year.

Did you know the coldest winter in Johannesburg was in 1996, with an average temperature of 12.0°C for the June-August period. The coldest temperature ever recorded in Johannesburg was -8.2°C on June 13, 1979.

In this edition of the Olive Branch. We have a varied selection of articles, which I am sure you will find interesting

and enjoyable.

Stay healthy and safe this winter. Cold weather can bring more than just the flu, it's also a time when feelings of loneliness can increase. That's why it's so important to give extra care during these months. By focusing on warmth, safety, and staying connected, you can stay comfortable and well.

Smart Dressing Tips:

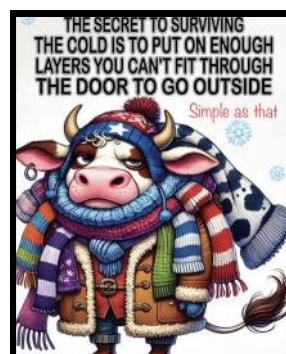
Wear warm socks, gloves, and a hat. You lose a lot of heat through your head and hands!

At home, keep a cozy sweater or blanket handy. It's easier to take off a

layer than to warm up a chilly room.

Invest in thermal underwear. It's thin enough to wear under regular clothes but makes a big difference in keeping you warm.

Happy reading
God bless, Angie Moir



REFLECTION ON MARKET DAY

A warmth of excitement drove away the cold on Saturday 7 June during the market day.

The buzz between exhibitors and buyers created an atmosphere of sharing as we admired and bought from each other. We are grateful for the kindness we experience in our lovely village,

The next market day is on Saturday 7 September. Please feel free to participate and invite your friends to support us. Contact Elma for more details. Unit 503, internal line 5353.



LONELINESS

I am 82 years old, 4 children, 11 grandchildren, 2 great-grandchildren and a small room in a nursing home where they left me stranded.

I no longer have my house or my beloved things, but I do have someone who fixes my room, makes my food and bed, takes my blood pressure and weighs me.

I no longer have the laughter of my grandchildren, seeing them grow, hug each other and fight.

I no longer make croquettes, deviled eggs, or knit, and crochet.

I still have a hobby of doing Sudoku that is somewhat entertaining.

I don't know how long I will have left, but I must get used to this loneliness.

I go to occupational therapy and help those who are worse off than me as much as I can.

When I'm alone, I can look at photos of my family and some souvenirs from home that I brought back.

I hope that the next generations see that the family is formed to have a tomorrow (with the children) and give back to our parents the time they gave us when raising us.

"Taking care of someone who has already taken care of us is the greatest honor."

NirInspire Facebook

A DELICIOUS SPICY EVENING AT OLIVEDALE.

On Saturday 21st June the social committee held a curry evening.

Some of our Indian residents cooked their traditional curry and breyani. There was a selection of seven different curries to taste, each was as delicious as the other. For curry lovers it was a real treat.

Our Indian friends really have a special way of flavouring a curry that the rest of us South Africans seldom master. We were entertained by Lionel Huntley, who sang so many of our old favourites. They brought back memories to us oldies.

A big "Thank you" to all those who did the cooking and all the other necessary preparations, like laying the tables, serving the food and everything else that goes with hosting an evening like this.

Remember that they also have to clear everything away in readiness for the use of the dining room the next day. Thank you, social committee, for all your hard work and dedication.



RESIDENT SPOT LIGHT - Yvonne and George Ralph



Yvonne and George Ralph.

It happens at times that one family will have many members born in the same month, and this is the case with Yvonne and George Ralph. The couple were both born in June, namely 8th June (Yvonne, 87) and 10th June (Ralph, 86).

They have four children, and all but one were June babies. Clint, 14th June, Warren, 24th June and Quinton, 29th June. The odd one out is daughter Vanessa, 5th April.

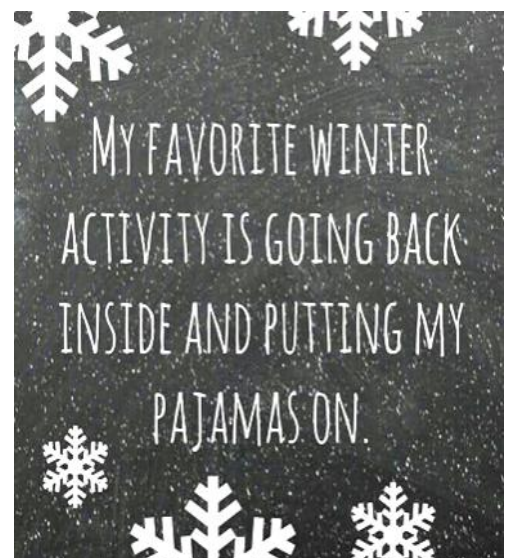
They have been living at Olivedale for 10 years. Yvonne's interests have been participating in sport, cake decorating, scrapbooking, knitting and crocheting. George has enjoyed sport in general and has a particular interest in golf, bowls and Parkrun.

Congratulations to all the family and hope you all had wonderful birthdays in June.



Congratulations to Our Bus Driver, Michael Moreroa!

We are proud to congratulate Michael Moreroa, our dedicated bus driver, for successfully completing the **Comrades Marathon** on **Sunday, 08 June**. Michael started the race with an impressive pace of **5 minutes 42 seconds per kilometer**, and finished with a pace of **6 minutes 44 seconds per kilometer**. He completed the marathon in a total time of **10 hours and 5 minutes**.



BIRTHDAY CELEBRATIONS JUNE



We would like to wish all our residents who celebrated their birthdays in June, good health, comfort, contentment and the unending love and support of family and friends



Elma van den Berg celebrated her birthday on the 4th June. The picture above shows her cutting the cake with Elma.



Audrey Frylinck celebrated her 86th birthday

William Shakespeare

Blow, blow, thou winter wind,

Thou art not so unkind

As man's ingratitude;

Thy tooth is not so keen,

Because thou art not seen,

Although thy breath be rude.

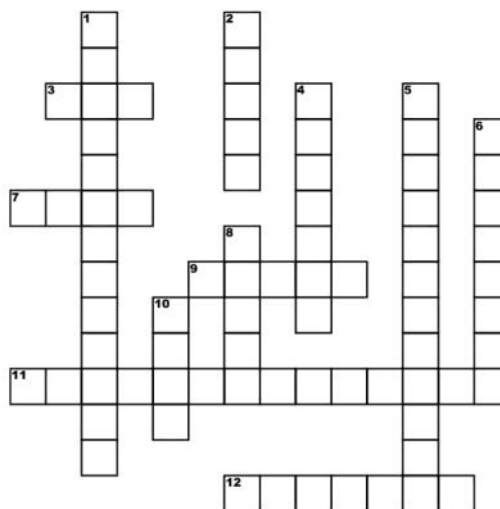
Heigh-ho! sing, heigh-ho! unto the green holly:

Most friendship is feigning, most loving mere folly:

Then, heigh-ho, the holly!

This life is most jolly.

Food and Drinks



Across

3. its fizzy and surgy

7. you use it when your eating cereal

9. its very refreshing on a hot day

11. Mcdonalds has it.

12. its makes a popping sound when its cooking

Down

1. its the opposite of white milk

2. it is a wrodli with 2 zs in it.

4. kfc has it.

5. Its yummy and its in the shape of a rectangle.

6. its flat and round

8. you eat it with eggs and hashbrowns for breakfast

10. you have it on your birthday

CONTACT US :

✉ igassoza@gmail.com

☎ 064 680 8343



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SUPPLIER OF LP GAS

PRICES

9KG

19KG

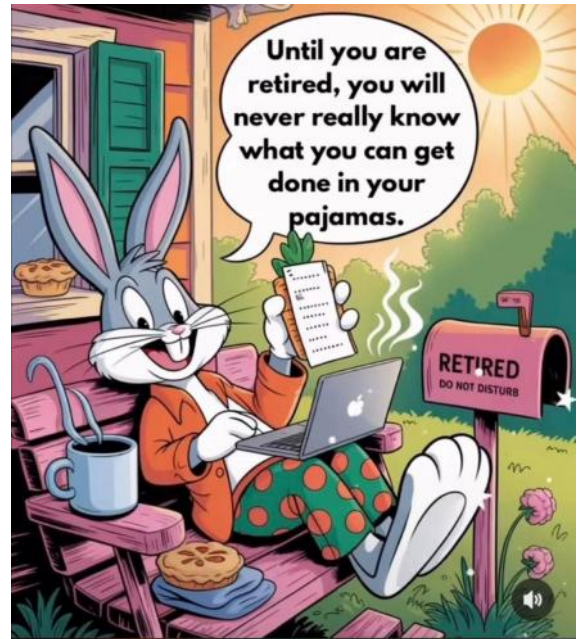
48KG

R300

R600

R1500

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Speak to me:
Pieter Rossouw



GoToGuyJhb



072 439 1333

* I don't clean windows

ORV July Bus:			Time:	Rate:
2 July	Wed	Northgate	08:30 - 12:30	R20.00
7 July	Mon	Bel Air	08:30 - 11:30	R20.00
9 July	Wed	Cresta	08:30 - 12:30	R35.00
14 July	Mon	Spar	09:30 - 11:00	R20.00
18 July	Wed	Northgate	08:30 - 12:30	R20.00
21 July	Mon	Bel Air	08:30 - 11:30	R20.00
23 July	Wed	Northgate	08:30 - 12:30	R20.00
25 July	Fri	Lifestyle	08:30 - 12:30	R35.00
28 July	Mon	Spar	09:30 - 11:00	R20.00
30 July	Wed	Northgate	08:30 - 12:30	R20.00
BUS TICKETS SOLD AT RECEPTION: * R255,00 - Ticket includes all trips: Spar, Bel Air, Northgate, Cresta & Lifestyle * R180,00 - Ticket includes: Spar, Bel Air & Northgate only * You also have the option to pay per trip at reception Card payments only, reception does not accept cash.				

Bus Service Extensions from July 2025

Enjoy more time to shop and relax — at no extra cost!

From July 2025, bus services to the following shopping centers will be **extended**, giving you **more time to shop and enjoy a breakfast**.

Bus trip prices will remain the same.

New Bus Service Hours:

Shopping Center	New Operating Hours	Extension
Northgate	08:30 – 12:30	+1 hour
Cresta	08:30 – 12:30	+1 hour
Lifestyle	08:30 – 12:30	+1 hour
Bel Air	08:30 – 11:30	+1 hour
Spar All Saints	09:30 – 11:00	+30 minutes

RAMBLINGS OF AN OLD WOMAN. 19

By Maureen Lamprecht.

Among the things that give me pleasure in life are animals. Wild animals yes, but our pets, cats and dogs, are what I have enjoyed most. My family had many dogs, and my favourite breed is the dachshund. Until you have lived with one you may not understand how they can get under your skin. What is so amazing is that they all have the same mannerisms and traits, like burrowing under blankets, digging in gardens, dogging the owners footsteps all day except when sleeping in the sun. They do not like cold so unless you are prepared to have your dog in the house, on your couch and even in your bed, don't have a dachshund.

However, I am going to tell you about one of my cats, Scritch. (I later had another cat named Linus. Readers of the comic strip Peanuts may see the connection). She was born on a farm to an almost wild mother and was not accustomed to being handled. She was just an ordinary striped grey short-haired tabby. She did settle after a while and eventually would even lie beside me on the couch. At one stage we lived in a ground floor flat so I was able to have my cat there. In the same block was a little Chihuahua, and he and Scritch used to play together on the lawns. One of our neighbours moved out at some stage, and my cat disappeared with them. I don't believe they took her, but she did like to crawl into boxes or bags and that is possibly how she came to be lost. The owner of the dog came to my door about 10 days after my cat disappeared to find out what had happened to her. Her dog was sniffing all around looking for the cat.

Next to the block of flats was a farm with a huge field of maize planted. We were standing outside as I was

explaining to the dog owner how my cat had vanished. My words weren't cold when I heard this meowing coming from the lands, and there was my cat coming home. I was overjoyed. She wasn't at all interested in the dog as she was starving and thirsty. I gave her food and water, she ate and drank her fill, and then slept for 24 hours. Her paws were raw and red and she had trouble walking for many days. The cat and dog resumed their friendship and all was well in our household again. I often wonder if that dog knew she was coming home. Why did he come looking for her at the exact time that she was coming through the maize fields?

Scritch was a most unusual cat. When my husband and I went walking she would follow us, just as a dog would. We had communal wash lines and she would walk with me, wait while I hung up the washing, and walk back with me. When we went to our parents for the weekend, she would come with us, sit quite contentedly in the car, and never run away. When our first son was born, my aunt in Johannesburg looked after my cat. She also never ran away from that house even though I was not there. I think after her adventures she was too scared to go anywhere on her own.

One morning, as my husband was leaving for work, I heard Scritch crying and saw her at the top of a bluegum tree, unable to get down. I called my hubby and asked him to get her down (I was heavily pregnant at the time), but he said he had to get to work. I of course started the water works and he relented. These bluegum trees were not large, established trees. In fact they were hardly more than saplings, although about 15 metres tall, and cat was almost at the very top of one. As

my hubby climbed the tree so it was swaying rather alarmingly (he was not a small man). It reached the stage where he realised that if he climbed any higher, the tree would bend or break. The cat was still almost out of reach when he stretched up and grabbed her by the scruff of the neck. She clung onto the tree, he pulled, and eventually she let go. As he pulled so the cat flew out of his hand, but fortunately managed to cling onto his back, with all four paws securely anchored. So there was this big hubby of mine climbing down the tree, with a cat clinging to his back, rather like a koala bear cub clings to it's mum. The cat was looking over it's shoulders, first left then right, as he climbed down. From crying I went to laughing. It really was the funniest sight. Fortunately, my husband's boss was understanding, said he would have done the same for his wife. The scratch marks on his back healed in time, but he never forgot his adventure with my cat.

As I said, she was a most unusual cat. She loved cooked gem squash, pips and all. I was opening a can of asparagus one day, and Scritch was mewing non-stop, looking up at the counter where I was working. I poured the water from the asparagus into her bowl, and she lapped up every drop. I gave her an asparagus spear and she wolfed that down too. She lived to the age of about 15, but in time her kidneys gave out.

As I am writing this it is the coldest day we have had this winter, we even had rain and thunder last night. Keep warm everyone, just a few months and spring will be here again. Until next month, stay safe and well.

Maureen Lamprecht.

Die netjiese, versorgde tuine met blomme en struik wat welkomend blom oral in die straat, verkwik Alwyn se gemoed. Vandat hy verkies is tot direkteur van tuine in die gemeenskap rondom die kerk en ook op die bestuursraad dien, geniet hy die oggendstappie met sy hondjie, Jasper baie meer. Maar deesdae knaag die eensaamheid ook 'n bietjie meer. Dit is voorwaár nie aangenaam om oor jou planne net met jouself te gesels nie.

Alwyn is 'n gemoedelike en bedagsame man. Die buurt se inwoners geniet sy vriendelikheid en aanvaar graag sy hulp. Ver- al die jonger dames wat hoop om nog 'n lewensmetgesel te ontmoet. Alleenheid is nie 'n aangename maat om 'n huis mee te deel nie.

Saans wanneer Alwyn sy spesiale geregte berei, want hy kán kosmaak, gesels hy met Jasper sy Jack Russell-vriend. Onge- lukkig stel dié maat net belang in sy porsie wat op hom wag! Jasper knip darem sy oë en spits sy ore, maar kan nie raad gee oor sake van die hart en die verlange na 'n spesiale vrou nie. Terwyl Alwyn 'n besonderse bottel rooi wyn oopmaak, besluit hy om 'n plan te maak en aktief te raak. Hy neem sy kos en wyn om dit buite op die onderdakstoep te geniet en sy tuin te waardeer.

Vir ontspanning en gemeensaamheid, speel hy rolbal en bly sommige aande vir die gesellige kuier na die spel saam met Herman, wat die kroeg bedien. Hy sal môre aand gaan en die gesellinne met intensie dophou. Jonger vroue speel nie som- mer rolbal nie, dit is 'n feit. Partykeer kom daar gereeld familieledes saam en soms met 'n lekker braai en dans, is daar 'n fees vir die oog.

Die volgende môre is daar 'n doelgerigtheid in Alwyn se gereelde vroegoggend stap. Hy het 'n plan! 'n Lysie van moontlike liewe vroue begin vorm in sy gedagtes. Hy ken nog nie almal se name nie, maar Herman sal bekend wees daarmee. As hy eers 'n paar ontmoet het, kan hy vriendskappe begin bou en iemand beter leer ken. Vanaand kuier hy heerlik. Hy gaan nie speel nie, net kuier en so glo hy, sal die regte een se naam sy lys inval.

Herman klink gretig toe Alwyn hom oor dames uitvra. 'Dit is nou gaaf, Alwyn! Regte tyd dat jy weer begin vlêrksleep! Jy is nou al te lank alleen na Martie se heengaan.' Herman skink vir elkeen 'n glasie uit 'n smaaklike Shiraz. Hy begin die beskikbare dames aan Alwyn beskrywe.

'Daar is Linda, 'n liefvallige blondie van so iewers in die sestig. Sy kom saam met haar ouer suster so af en toe gesels. Bok- kie het 'n broer wie soms met haar hier kom spog en Amanda, sy niggie, vertel ons hoe sy een van die dae saam gaan kom balle rol.

'Klink goed', meen Alwyn. 'Wanneer is die volgende aand van kole op die vuur en musiek op die vloer?' 'Sommer oor twee weke!' Herman skink opgewonde hulle glase vol en groet die ander bekendes. 'Alwyn, en laat ek jou nog iets vertel van Amanda. Sy het so twee maande gelede hier onder in die straat in 'n tuinwoning ingetrek. Sy hou van tuinmaak en wil eintlik iemand vra om raad te gee. Dit kan vir jou 'n gesprekspunt oopmaak.'

Die bloed begin bruis in Alwyn se are. 'Dankie ou maat. Dit is sowaar tyd dat ek nuwe energie en vreugde vind.' Hy kuier nog 'n rukkie, maar hy is nou haastig huis toe om verder te gaan droom.

Aalwyn pak dié aand van die braai heerlike gemarineerde biefstuk en spesiale boerewors in. Hy sorg dat sy piekniek- mandjie voortreflik lyk. By die klub sluit hy aan by Herman-hulle se tafel en die geselligheid begin. Hy ontmoet al drie die skoonhede, drink saam wyn, laat hulle van sy vleis proe en deur die loop van die aand dans hy met al drie.

'Dit was baie spesiaal', sê hy vir Jasper toe hy rustig tuis is. 'Maar hoe gaan ek weet wie is die regte een?' Die een na die ander aantreklike gesig speel voor hom af en die vraag bly spook. Met elkeen was dit aangenaam, hulle het lekker gesels en nommers geruil, maar daar is nog nie regtig 'n vonkie nie. Sy selfoon piep.

'Bae dankie dat ek vanaand met 'n regte man kon dans. Dit was 'n bederf.' Amanda

Toe weet hy daar kom 'n blye dag op die nuwe môre. 'Jasper, ons kan maar gaan slaap. Daar wag 'n nooi vir ons!.

Articles for Submission

Hand written submissions for inclusion into Olive Branch can be handed in at reception for Liezel Nel's attention or emailed to: angel-iquemr50@gmail.com

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Disclaimer

The articles and ideas published in this newsletter are those of the authors and do not necessary reflect the views of the Olive Branch editorial committee or the Olivedale Home associations. NPC Images without credits are published under creative commons.

SUNDAY CHURCH SERVICES

Roman Catholic Church 09H30, LONG ROOM

English service 09H30, Hall

Afrikaans service 17H00, Hall

Advertising Rates for 2024

- Published monthly - format is A4 portrait.
- Circulation: 120 black-and-white printed copies. 300 emailed
- Full page: R800
- Half page, *landscape only*: R400-00
- Quarter page, portrait: R200-00
- Strip Ads across bottom of page: R100-00 (3cm high)
- Small advertisements and notices R15 - 00 (size subject to space availability. Size generally is about 6,5 X 4.5cm)
- Submissions by 20th of each month or preceding business day.

HEALTH

VILLAGE CLINIC HOURS - SISTER'S OFFICE /

DR'S ROOM Monday to Friday :

09h00 till 09h30 & 12h00 till 12h30

DRAWING OF BLOOD SPECIMENS

Repeat Fasting bloods:

Monday to Friday at Sister's office / Dr's Room 07h30 till 08h00

Drawing of blood in Unit/House. Book an appointment one day ahead.

Please contact ext no 5462 or 5011 and leave a message for the Village Sister.

FOR ANY EMERGENCY (24/7) PLEASE PRESS YOUR PANIC BUTTON & NURSING STAFF WILL BE IMMEDIATELY DISPATCHED TO YOUR UNIT.

EMERGENCY CONTACT NUMBERS 24/7

Security guard room : 010 596 5400 / 5183

Security cell number : 064 131 8274 (when landlines are not working)

Frail care office Matron	5010
Frail care reception	5011 / 5462
Kitchen office	5493
Kitchen orders	5494
Tuck shop	5492
Hair salon	5496
Clinic sister	5495
Reception	5499 / 5500 / 9
Security	5400 / 5183
Beauty salon	5192

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