NOTE: Hearty Meal , Nutri Meal and Vegetarian Meal include 1 x Vegetable and 1 x Soup OR 2 Vegetables and NO Soup

Hearty Meal , Nutri Meal & Vegetarian Meal have a choice of Tea, Coffee or Fruit Nectar with the Meal

		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	
01 Aug	Friday	Crumbed Fried Hake with Potato Chips, served with Creamstyle Cabbage OR Warm Feta, Balsamic & Herb Beetroot	Homemade Beef & Bell Pepper Pie served with Potato Wedges, Creamstyle Cabbage OR Warm Feta, Balsamic & Herb Beetroot	Pumpkin Alfredo served with Penne, Cabbage OR Warm Feta, Balsamic & Herb Beetroot	Vegetable Chowder	
02 Aug	PLEASE NOTE: Saturday Dining room meals have fallen away. Feel free to make use of our Coffee Coffee Shop open for Breakfast menu 08h00 - 12h00 (Cut off tilme: 11h45) and Lunch Menu					
	0)	Harvest Lu	unch R90,00	Vegetarian Meal: R61,00	Soup of the Day	Dessert
03 Aug	Sunday	Mustard Roast Beef with Brown Gra Sauce, AND Paprika Roast Chick	avy OR Herbed Pork Roast with Berry ken served with Roast Jacket Baby r Fritters and Creamed Spinach	Penne Arrabiata topped with Vegetable Strips, served with Savoury Cauliflower Fritters & Creamed Spinach	Roast Pumpkin & Cinnamon Soup	Traditional Trifle
		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	
04 Aug	Monday	Pork Bangers in a Brown Onion Sauce & Mashed Potatoes, with Cinnamon Pumpkin OR Creamy Broccoli	Chicken Lasagne with Sweet Cinnamon Pumpkin OR Creamy Broccoli	Mixed Vegetable Quiche with Cinnamon Pumpkin OR Creamy Broccoli	Mexican 3 Bean Soup	
05 Aug	Tuesday	Chicken Coq au Vin served with White Rice & Roast Vegetables OR Cheesy Cabbage	Bobotie served with Yellow Rice & Roast Vegetables OR Cheesy Cabbage	Chickpea Stew served with Yellow Rice & Roast Vegetables OR Cheesy Cabbage	Tomato & Basil Soup	
06 Aug	Wednesday Wednesday	Mutton Curry served with Raisin Rice, & Glazed Carrots OR Savoury Green Beans	Homemade Chicken & Mushroom Pie, served with Mashed Potatoes, Brown Onion Gravy & Glazed Carrots OR Savoury Green Beans	Soya Vegetable Schnitzel served with Mashed Potato & Glazed Carrots OR Savoury Green Beans	Potato & Leek Soup	Apple Crumble with Custard
06 Aug	Wednesday	CHEF'S SIGNATURE MEAL: R106,00	Chicken and Prawn Thai Mild Greer Rice, Sambals , Glazed Carro		Potato & Leek Soup	Apple Crumble with Custard
07 Aug	Thursday	Crumbed Chicken Strips served with Potato Wedges, & Savvoury Garlic Mixed Vegetables OR Buttered Gem Squash	Meatballs & Spaghetti served with Savoury Garlic Mixed Vegetables OR Buttered Gem Squash	Cheese, Tomato & Egg Quiche, served with Savoury Garlic Mixed Vegetables OR Buttered Gem Squash	Pea & Lentil soup	

NOTE: Hearty Meal , Nutri Meal and Vegetarian Meal include 1 x Vegetable and 1 x Soup OR 2 Vegetables and NO Soup Hearty Meal, Nutri Meal & Vegetarian Meal have a choice of Tea, Coffee or Fruit Nectar with the Meal

		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	
08 Aug	Friday	Crumbed Hake Fillet, Lemon Wedge, Tartare Sauce served with Chips & Creamed Vegetables OR Parsley Butter Carrots	Beef Osso Bucco served with Pilaff Rice & Creamed Vegetables OR Parsley Butter Carrots	Vegetable Briyani served with Sambals, Raita, & Creamed Vegetables OR Parsley Butter Carrots	Minestrone Soup	
09 Aug	Saturday		y Dining room meals have fallen aw n for Breakfast menu 08h00 - 12h00 (offee shop to have a delicious enu from 11h00 - 15h00 (Cut o	
		Harvest Lu	unch R90,00	Vegetarian Meal: R61,00	Soup of the Day	Dessert
10 Aug	Sunday	Chutney Mayonnaise Roast Chick	past Beef with Yorkshire Pudding AND ken & Red Wine Gravy, served with Vegetables & Glazed Carrots	Aubergine, Bean & Potato Bake served with Mixed Vegetables & Glazed Carrots	Corn & Potato Chowder	Milk Tart
		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	Dessert
11 Aug	Monday	Sticky Pork Chop with Parsley Mashed Potatoes, served with Carrot & Pea Medley OR Savoury Stewed Brinjal	Mutton Curry Pie served with Carrot & Pea Medley OR Savoury Stewed Brinjal	Macaroni Cheese served with Carrot & Pea Medley OR Savoury Stewed Brinjal	Hearty Lentil & Chickpea Soup	
12 Aug	Tuesday	Beef Stroganoff with Penne, served with Savoury Baby Marrow OR Country Mixed Vegetables	Butter Chicken with Rice served with Savoury Baby Marrow OR Country Mixed Vegetables	Bean & Vegetable Stroganoff with Penne, served with Savoury Baby Marrow OR Country Mixed Vegetables	Creamy Tomato & Basil Soup	
13 Aug	Wednesday	Grilled Chicken Breast with Mushroom Stuffing, Parsley Mashed Potato & Gravy, served with Roasted Herb & Feta Butternut OR Creamy Spinach	Winter Curried Frikadelle with Parsley Mash Potato & Gravy, served with Roasted Herb & Feta Butternut OR Creamy Spinach	Vegetable & Red Kidney Bean Stew with Parsley Mashed Potato,served with Roasted Herb & Feta Butternut OR Creamy Spinach	Minestrone Soup	Malva Pudding & Ice Cream
13 Aug	Wednesday	CHEF'S SIGNATURE MEAL: R106.00	Chargrilled Teryiaki T-Bone Steak w Jacket Potato, Roasted Herb & Fe		Minestrone Soup	Malva Pudding & Ice Cream
14 Aug	Thursday	Pork Stew with Tagliatelli served with Savoury Roasted Baby Marrow OR Orange Glazed Carrots	Mince Curry & Rice served with Savoury Roasted Baby Marrow OR Orange Glazed Carrots	Vegetable a la King & Rice served with Savoury Roasted Baby Marrow OR Orange Glazed Carrots	Zesty Pea Soup	

NOTE: Hearty Meal , Nutri Meal and Vegetarian Meal include 1 x Vegetable and 1 x Soup OR 2 Vegetables and NO Soup

Hearty Meal , Nutri Meal & Vegetarian Meal have a choice of Tea, Coffee or Fruit Nectar with the Meal

		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	
15 Aug	Friday	Deep fried Hake Fillet with Chips, Chargrilled BBQ Corn on the Cob OR Hawaiian Stir Fried Vegetables	Beef Burger with Chips, Chargrilled BBQ Corn on the Cob OR Hawaiian Stir Fried Vegetables	Vegetarian Burger with Chips, Chargrilled BBQ Corn on the Cob OR Hawaiian Stir Fried Vegetables	Creamy Butternut Soup	
16 Aug	PLEASE NOTE: Saturday Dining room meals have fallen away. Feel free to make use of our Coffee shop to have a delicious Breakfast or Lunch Coffee Shop open for Breakfast menu 08h00 - 12h00 (Cut off time: 11h45) Lunch Menu from 11h00 - 15h00 (Cut off time: 14h45)					
		Harvest Lı	unch R90,00	Vegetarian Meal: R61,00	Soup of the Day	Dessert
17 Aug	Sunday	Pineapple Sauce AND Classic St	ine Jus OR Roasted Pork Leg with tyle Roasted Chicken with Fondant ans and Garlic Mashed Butternut	Creamy Spinach and Feta-filled Pancake served with Creamy Beans and Garlic Mashed Butternut	Potato & Tomato Soup	Peppermint Tart
		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	Dessert
18 Aug	Monday	Chicken Schnitzel with Pepper Sauce served with Baby Jacket Potatoes, with Green Beans OR Glazed Carrots	Spaghetti Bolognaise served with a Parmesan Crumb, with Green Beans OR Glazed Carrots	Mushroom Risotto with Parmesan Crumb, served with Green Beans OR Glazed Carrots	Caramelised Onion Soup	
19 Aug	Tuesday	Thai-Style Beef Stir-Fry with Sticky Rice, served with Creamy Ruby Cabbage OR Buttered Gem Squash	Chutney & Mayonnaise-baked Chicken Pieces, served with Sticky Rice, & Creamy Ruby Cabbage OR Buttered Gem Squash	Chickpea and Vegetable Bobotie served with Sticky Rice, & Creamy Ruby Cabbage OR Buttered Gem Squash	Mild Thai Coconut Cream Curry & Lentil Soup	
20 Aug	Wednesda	Braised Honey & Pepper Pork Chop served with with Lentil Rice & Gravy with Herbed Feta Butternut OR Minted Peas	Chicken Tagine (Slow-cooked Stew) with Lentil Cous Cous served with Herbed Feta Butternut OR Minted Peas	Roast Tomato & Lentil Lasagne served with Herbed Feta Butternut OR Minted Peas	Roasted Cauliflower & Basil Pesto Soup	Custard Slice
20 Aug	Wednesday	CHEF'S SIGNATURE MEAL: R106,00	Red Wine Oxtail (Bone-in) served v Butternut & M		Roasted Cauliflower & Basil Pesto Soup	Custard Slice
21 Aug	Thursday	Chicken Cordon Bleu with Mushroom Sauce, served with Savoury Rice, with Baby Marrow OR Cheesy Cauliflower Bake	Classic Beef Cottage Pie and Baby Marrow OR Cheesy Cauliflower Bake	Grilled Vegetarian Schnitzel Served with Savoury Rice and Baby Marrow OR Cheesy Cauliflower Bake	Bean & Corn Soup	

NOTE: Hearty Meal, Nutri Meal and Vegetarian Meal include 1 x Vegetable and 1 x Soup OR 2 Vegetables and NO Soup
Hearty Meal, Nutri Meal & Vegetarian Meal have a choice of Tea, Coffee or Fruit Nectar with the Meal

		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	
22 Aug	Friday	Ale-battered Hake served with Roasted Garlic Potato Batons & Tartare Sauce served with Braised Tangy Cabbage OR Crushed Honey Carrots	Boneless Pork Rib Burger & Roasted Garlic Potato Batons served with Braised Tangy Cabbage OR Crushed Honey Carrots	Creamy Macaroni Cheese served with Braised Tangy Cabbage OR Crushed Honey Carrots	Tomato & Mushroom Soup	
6	lay	PLEASE NOTE: Saturda	y Dining room meals have fallen aw	ay. Feel free to make use of our C	offee shop to have a delicious	Breakfast or Lunch
23 Aug	Saturday		n for Breakfast menu 08h00 - 12h00 (•	enu from 11h00 - 15h00 (Cut of	f time: 14h45)
		Harvest Lu	unch R90,00	Vegetarian Meal: R61,00	Soup of the Day	Dessert
24 Aug	Sunday	Belly with Apple Cider Gravy, AND	e Gravy OR Slow Cooked Sticky Pork Paprika Roast Chicken, served with & Brown Sugar & Ratatoulli	Quiche with Roasted Peppers, Mushroom & Cheese, served with Candied Yams with Honey & Brown Sugar & Ratatoulli	Red Bean Soup	Jam Tart & Chantilly Cream
		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	Dessert
25 Aug	Monday	Chicken Florentine served with Lentil Pilaf ,Creamy Red Cabbage OR Roasted Mixed vegetables	Pork Sausages served with Creamy Herb Mashed Potatoes & Brown Onion Gravy, Creamy Red Cabbage OR Roasted Mixed vegetables	Quinoa, Dates & Nut-Stuffed Bell Pepper served with Sweet Potato Wedges, Creamy Red Cabbage OR Roasted Mixed vegetables	Butternut & Lentil Soup	
26 Aug	Tuesday	Thai Pork Stew and Potato Bake, with Glazed Carrots OR Dutch Green Beans	Mince Bobotie served with Yellow Rice & Chutney, with Glazed Carrots OR Dutch Green Beans	Deep-fried Mozarella & Potato Cannonballs served with Glazed Carrots OR Dutch Green Beans	Creamy Mushroom Soup	
27 Aug	Wednesday	Beef Strips & Spinach Lasagne served with Grilled Bell Pepper & Zucchini Medley OR Sweet Corn Fritter	Lemon & Herb Roast Chicken Thigh with Potato Wedges, served with Grilled Bell Pepper & Zucchini Medley OR Sweet Corn Fritter	Vegetable Pasta Gratin, served with Grilled Bell Pepper & Zucchini Medley OR Sweet Corn Fritter	Roasted Garlic & Cauliflower Soup	Rice Pudding & Cinnamon Custard
27 Aug	Wednesda	CHEF'S SIGNATURE MEAL: R106,00	Pork Eisbein (on the Bone) with Ga Grilled Bell Pepper & Zucchini Medley This is a very	and a Sweet Corn Fritter. NB -	Roasted Garlic & Cauliflower Soup	Rice Pudding & Cinnamon Custard
28 Aug	Thursday	Slow-cooked Mutton Casserole served with Brown Onion Rice, Buttered Gem squash OR Roasted Country Mixed Vegetables	Mild Chicken Curry served with Brown Onion Rice, Buttered Gem squash OR Roasted Country Mixed Vegetables	Vegetable and Cheese Galette served with Buttered Gem squash OR Roasted Country Mixed Vegetables	Sweet Potato & Spring Onion Soup	

NOTE: Hearty Meal, Nutri Meal and Vegetarian Meal include 1 x Vegetable and 1 x Soup OR 2 Vegetables and NO Soup

Hearty Meal, Nutri Meal & Vegetarian Meal have a choice of Tea, Coffee or Fruit Nectar with the Meal

		Hearty Meal R69,00	Nutri Meal: R61,00	Vegetarian Meal: R46,00	Soup of the Day	
29 Aug	Ŧ	Pickled Fish with Parsley Mashed Potatoes, served with Herb & Feta Butternut OR Creamy Broccoli & Cauliflower Medley	Chicken a la King with Savoury Rice, served with Herb & Feta Butternut OR Creamy Braised Broccoli & Cauliflower Medley	Vegetarian Sausage in Brown Onion Gravy with Parsley Mashed Potatoes, served with Herb & Feta Butternut OR Creamy Braised Broccoli & Cauliflower Medley	Creamy Roasted Capsicum & Cumin Soup	
30 Aug	Saturday	PLEASE NOTE: Saturday Dining room meals have fallen away. Feel free to make use of our Coffee shop to have a delicious Breakfast or Lunch Coffee Shop open for Breakfast menu 08h00 - 12h00 (Cut off time: 11h45) Lunch Menu from 11h00 - 15h00 (Cut off time: 14h45)				
31 Aug	Garlic Rubbed Roast Beef with Mushroom Gravy OR Pork Roast with Fruity Chutney Gravy AND Lime & Basil Chicken, served with Roast Potatoes, Buttered Green Beans, & a Pumpkin Fritter with Cinnamon & Sugar (Caramel Sauce also on offer)		Steamed Potato Gnocchi with Creamy Mushroom Sauce with Buttered Green Beans and Pumpkin fritter with Cinnamon & Sugar (Caramel Sauce also on offer)	Thai Noodle Soup	Peaches & Ice Cream	

Please Take Note of the Following information Operating hours

operating notice			
Coffee Shop: Breakfast Monday to	08h00 to 11h00 (Cut off time: 10h15) & 11h00 to 15h00 (Cut off		
Friday & Sunday	time: 14h45)		
Coffee Shop: Saturday Breakfast	Orders from 08h00 to 12h00 (Cut off time: 11h45)		
Coffee Shop: Saturday Lunch	Orders from 12h00 to 15h00 (Cut off time: 14h45)		
Meal Take-away Collection	11h00 to 11h30		
Meal Delivery	11h00 to 12h00		
Convenience Store Trading: Saturday including Public Holidays.	08h00 to 10h00 & 11h00 to 15h00		
Convenience Store Trading: Monday to Friday & Sunday including Public Holidays.	08h00 to 12h00 & 13h00 to 15h00		

Please feel free to use the Convenience Store during
Meal Bookings