



MENU - MARCH 2024

Note: Chef's Special Meals, Royal Meals & Vegetarian Meals include 1 Vegetable and 1 Salad, or 2 Salads

Chef's Special Meals, Royal Meals and Vegetarian Meals include a choice of Tea, Coffee or Fruit Juice with each meal

		Chef's Special Meal: R61,60	Royal Meal: R54,50	Vegetarian Meal: R41,50	Salad	Salad	Dessert
01 Mar	Friday	Beef & Cheese Burger, Chips, Savoury Peas & Salad	Fried Hake served with Fresh Cut Chips, Tartare Sauce, Lemon Wedges, Savoury Peas & Salad	Vegetarian Cottage Pie, Savoury Peas & Salad	Green Salad	3 Bean Salad	
02 Mar	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Mince, Mushrooms, Grilled Tomato, Fried Onion, Mini Potato Cake, Fried OR Scrambled Eggs, Toast & Condiments		Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R80,90		Vegetarian Meal: R54,50			
03 Mar	Sunday	Pork Roast with Pickled Onion and Apple Cider Jus, Fresh Herb Crusted Sirloin, or Rosemary Chicken, served with Yorkshire Pudding, Gravy, Farm Style Roast Potatoes, Country Mixed Vegetables & Salad		Spinach & Feta Cannelloni served with Country Mixed Vegetables & Salad	Harvest Salad		Chocolate Mousse
04 Mar	Monday	Rosemary and Thyme Beef Casserole, Steamed Rice, Ratatouille & Salad	Lemon and Thyme Chicken Casserole, Steamed Rice, Ratatouille & Salad	Zucchini, Cheese Quiche, Ratatouille & Salad	Hawaiian Pineapple	French Salad	
05 Mar	Tuesday	Chicken Cordon Bleu, Mashed Potato, Creamed Spinach & Salad	Grilled Ox Liver with Fried Onions, Mashed Potato, Creamed Spinach & Salad	Roast Cauliflower, Mozzarella Cheese Pan Pizza & Creamed Spinach	Peach Salad	Chef Salad with Croutons	
06 Mar	Wednesday	Pork Schnitzel, Mustard Sauce, Potato Bake, Braised Cabbage & Salad	Slow Braised Brisket, Potato Bake, Braised Cabbage & Salad	Black Bean Vegetable Cake, Braised Cabbage & Salad	Roast Sweet Corn and Herbed Mayo Salad	Green Salad	Cinnamon Stewed Fruit & Custard
07 Mar	Thursday	Durban Style Mild Beef Curry, Jasmine Rice, Cinnamon Roasted Butternut & Salad	Chicken a la King, Jasmine Rice, Roasted Butternut & Salad	Vegetable Roti, Roast Butternut & Salad	Yoghurt and Cucumber Salad	Chutney Beet Root Salad	



MENU - MARCH 2024

Note: Chef's Special Meals, Royal Meals & Vegetarian Meals include 1 Vegetable and 1 Salad, or 2 Salads

Chef's Special Meals, Royal Meals and Vegetarian Meals include a choice of Tea, Coffee or Fruit Juice with each meal

		Chef's Special Meal: R61,60	Royal Meal: R54,50	Vegetarian Meal: R41,50	Salad	Salad	Dessert
08 Mar	Friday	Boerie Beef Cheese Burger, Chips, Glazed Carrots & Salad	Grilled Herbed Hake served with Chips, Lemon Wedge, Glazed Carrots & Salad	Classic Creamy Macaroni & Cheese, Glazed Carrots & Salad	Green Salad	Coleslaw	
09 Mar	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Chicken Livers, Grilled Tomato, Fried Onion, Baked Beans, Hash Brown, Plain Omelette, Toast & Condiments		Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R80,90		Vegetarian Meal: 54,50			
10 Mar	Sunday	Rosemary Roast Beef with Brown Gravy, Mustard Pork Roast with Cranberry Gravy or Honey and Lemon & Herb Roast Chicken served with Roast Potatoes, Caramelised Butternut & Salad		Penne with Stir-Fried Vegetables in a Cream Sauce served with Caramelised Butternut & Salad	Harvest Table		Ice Cream & Chocolate Sauce
11 Mar	Monday	Pork Stir Fry with Linguini, Roasted Vegetables & Salad	Prego Chicken Bake with Barley Rice, Roasted Vegetables & Salad	Stuffed Jacket Potato, Plant Based (Soya) Mince, Roasted Vegetables & Salad	Beetroot and Feta Salad	Cabbage with Mint Vinaigrette	
12 Mar	Tuesday	Cornish Beef Pie, Savoury Rice, Brown Gravy, Gem Squash & Salad	Malay Chicken & Peach Curry, Savoury Rice, Gem Squash & Salad	Root Vegetable Strudel, Savoury Rice, Gem Squash & Salad	Sambals	Carrot & Orange Salad	
13 Mar	Wednesday	Mutton Stew, Dumpling, Sautéed Green Beans & Salad	Creamy Chicken Meat Balls Penne, Sautéed Green Beans & Salad	Melanzane, Brown Rice, Sautéed Green Beans & Salad	Crunchy Lentils in Green Salad	Italian Salad	Guava & Custard
14 Mar	Thursday	Traditional Beef Cottage Pie, Gravy, Peas & Salad	Chicken Lasagne, Peas & Salad	Cauliflower Cake with Coconut Sauce, Mashed Potato, Peas & Salad	Roast Butternut with Blue Cheese Dressing	Country Mixed Green Salad	



MENU - MARCH 2024

Note: Chef's Special Meals, Royal Meals & Vegetarian Meals include 1 Vegetable and 1 Salad, or 2 Salads

Chef's Special Meals, Royal Meals and Vegetarian Meals include a choice of Tea, Coffee or Fruit Juice with each meal

		Chef's Special Meal: R61,60	Royal Meal: R54,50	Vegetarian Meal: R41,50	Salad	Salad	Dessert
15 Mar	Friday	Grilled Steak, Baked Potato, Red Bean Casserole & Salad	Fried Hake with Chips, Tartare sauce & Lemon slice, Red Bean Casserole & Salad	Root Vegetable Spring Roll, Baked Potato, Red Bean Casserole & Salad	Balsamic Roast Beetroot Salad	Greek Salad	
16 Mar	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Wors, Mushrooms, Fried Onion, Grilled Tomato, Sautéed Garlic Potato, Fried OR Scrambled Eggs, Toast & Condiments		Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R80,90		Vegetarian Meal: R54,50			
		ST PATRICK'S DAY					
17 Mar	Sunday	Slow Cooked Corned Beef with a Berry Glaze, Roast Pork with Mustard Sauce or Fresh Herb Roast Chicken, Spring Onion Potato, Traditional Colcannon (Cabbage & Mashed Potato Mixed), & Salad		Plant Based Mac & Mince, Colcannon (Cabbage & Mashed Potato Mixed) & Salad	Crunchy Pomegranate Green Salad	Broccoli/Bacon Bits	Mini St Patricks Day Lime Shake & Green Velvet Mini Pancakes with Whipped Cream
18 Mar	Monday	Beef Moussaka, Penne Pasta, Spicy Corn & Salad	Asian Chicken Stir-Fry, Noodles, Spicy Corn & Salad	Black Bean & Lentil Pilaf, Spicy Corn & Salad	Green Grape & Watermelon Salad	Crunchy Chickpea Salad	
19 Mar	Tuesday	Pork Vindaloo, Potato Wedges, Pumpkin & Salad	Chicken Thigh Teriyaki, Potato Wedges, Pumpkin & Salad	Root Vegetable Quesadilla, Potato Wedges, Pumpkin & Salad	Sambals	Waldorf Salad	
20 Mar	Wednesday	Flame Grilled Steak, Monkey Gland Sauce, Hasselback Potatoes, Braised Spinach with Tomato & Salad	Home Style Chicken Pot Pie, Sweet Chilli Sauce, Hasselback Potatoes, Braised Spinach with Tomato & Salad	Mushroom Gnocchi, Braised Spinach with Tomato & Salad	Rocket, Tomato & Mozzarella Salad	Butterbean Salad	Fruit Jelly & Custard
21 Mar	Thursday	Creamy Garlic Chicken Casserole, Rice Pilaf, Butter Bean Bredie & Tomato & Salad	Grilled Boerewors, Herbed Mash Potato, Butter Bean & Tomato Bredie & Salad	Stuffed Butternut, Feta Crumble, Butter Bean Casserole & Salad	Ruby Coleslaw	Copper Penny Salad	



MENU - MARCH 2024

Note: Chef's Special Meals, Royal Meals & Vegetarian Meals include 1 Vegetable and 1 Salad, or 2 Salads

Chef's Special Meals, Royal Meals and Vegetarian Meals include a choice of Tea, Coffee or Fruit Juice with each meal

		Chef's Special Meal: R61,60	Royal Meal: R54,50	Vegetarian Meal: R41,50	Salad	Salad	Dessert
22 Mar	Friday	Crumbed Pork Chop, Chips, Smoky Grilled Vegetables & Salad	Battered Fish, Chips, Lemon Wedge, Smoky Grilled Vegetables & Salad	Low Fat Yoghurt, Plant Based Strips, Sesame Grilled Vegetables, Chips & Salad	Thai Noodle Salad	Mediterranean Salad	
23 Mar	Saturday	BRUNCH BUFFET - R67,50	Bacon, Pork Sausage OR Burger Patty, Baked Beans, Fried Onion, Grilled Tomato, Sautéed Garlic Potato Block, Cheese Omelette, Toast & Condiments		Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
		Sunday Carvery: R 80,90		Vegetarian Meal: 54,50			
24 Mar	Sunday	Roast Beef with Red Wine Gravy, Slow Cooked Sticky Pork Belly, Gravy, Paprika Roast Chicken, Baby Jacket Potatoes, Honey Drizzle Carrots & Salad		Farm Style Roast Tomato, Mushroom & Cheese Quiche, Baby Jacket Potatoes & Salad	Harvest Salad		Waffle & Ice Cream
25 Mar	Monday	Mild Chicken Coconut Curry served with Basmati Rice, Minted Peas & Salad	Pork Sausage with Basmati Rice, Minted Peas & Salad	Lentil Cottage Pie, Basmati Rice, Minted Peas & Salad	Carrot & Pine Salad	Green Salad	
26 Mar	Tuesday	Beef, Mushroom and Onion Tart served with Mashed Potato, Green Beans & Salad	Chicken Pieces topped with Tomato and Cheese served with Mashed Potato, Green Beans & Salad	Lentil, Mushroom and Onion Tart served with Mashed Potato, Green Beans & Salad	Broccoli Salad	Italian Caprese Salad	
27 Mar	Wednesday	Sweet and Sour Pork Neck with Egg Noodles, Pumpkin & Salad	Chicken Casserole served with Jasmine Rice, Pumpkin & Salad	Beetroot Wellington served with Jasmine Rice, Pumpkin & Salad	Roasted Cauliflower Salad	French Salad	Caramel Tart & Cream
28 Mar	Thursday	Pan Fried Chicken, Chakalaka Sauce & Pap Tart served with Grilled Brinjal & Salad	Boerewors Potjie, Chakalaka Sauce & Pap Tart served with Grilled Brinjal & Salad	Grilled Plant Based Sausage with Pap Tart served with Grilled Brinjal & Salad	Tangy Pea Salad	Asian Slaw with Pineapple	



MENU - MARCH 2024

Note: Chef's Special Meals, Royal Meals & Vegetarian Meals include 1 Vegetable and 1 Salad, or 2 Salads

Chef's Special Meals, Royal Meals and Vegetarian Meals include a choice of Tea, Coffee or Fruit Juice with each meal

		Chef's Special Meal: R61,60	Royal Meal: R54,50	Vegetarian Meal: R41,50	Salad	Salad	Dessert
29 Mar	Friday	Braised Pork Ribs with Roast Potato, Crushed Honey Drizzle Carrots & Salad	Malay Fish Curry with Yellow Raisin Rice, Crushed Honey Drizzle Carrots & Salad	Whole Wheat Vegetable & Avo Wrap, with Roasted Potato Batons served with Crushed Honey Drizzle Carrots & Salad	Marinated Mushroom Salad	Copper Penny Salad	
30 Mar	Saturday	BRUNCH BUFFET - R67,50		Bacon, Pork Sausage OR Chicken Livers, Grilled Tomato, Fried Onion, Baked Beans, Hash Brown, Plain Omelette, Toast & Condiments	Fruit Salad, Flavoured OR Plain Yoghurt, Muesli OR Corn Flakes OR Bran Flakes		Juice and Coffee OR Tea.
31 Mar	Sunday	BBQ Pot Roast Beef, Onion Gravy, Yorkshire Pudding, Honey Glaze Gammon or Roast Chicken with Herb Baby Potatoes, Cauliflower au Gratin & Salad		Phyllo Spanakopita with Yoghurt Dipping Sauce, Cauliflower au Gratin & Salad	Spanspek & Melon Salad	Greek Salad	Mini Banana Split